



We DON'T Charge for PPE!

A recent BBC Spotlight feature suggested that private dental practices have been profiteering by charging patients additional fees in order to cover the cost of COVID-compliant PPE used in appointments. For Chris and the team, this was disappointing to hear. If other practices decide to charge for PPE then as caring professionals we must assume they have good reasons for it and are charging a fair fee to cover the increased costs. That said, Chris has made a decision that we are not charging for the enhanced PPE and never will do. Furthermore, as a way of thanking our loyal patients for being so understanding throughout this difficult time, we have frozen all fees for our care plans and private treatment until April 2021.

Dental Awards Finalist!



Chris has been nominated as a finalist for the Dental Awards North and Central - category Dentist of the Year! A panel of leading dental experts and key opinion leaders judge the categories. Winning or becoming a finalist in the Dental Awards is a tremendous accolade; not only is the event an opportunity to share in the happiness and success of those who win an award, but it offers the chance to see what fellow dental professionals are doing within their practices. The ceremony is due to be held on Friday 4th September at The Hilton Metropole N.E.C.

Smiles of the Month



Malcolm had an accident which left him with two broken upper front crowns. Luckily, Chris already had digital scans of his teeth from before the accident, so these scans were sent to the lab technician who was able to make two new all-ceramic crowns which are identical to how the teeth looked before.



Julie was referred to Chris by her own dentist as her upper front teeth were failing, these were replaced with two dental implants and two bridges to create this lovely result that she is delighted with.

3D Printer



Chris has been getting to grips with his 3D printer – as well as being able to make dental models, digital smile previews and bite splints he has made custom mask frames for himself and three of the nurses, which are worn over the enhanced masks in order to perfect their fit and keep everyone safe.

Career Congratulations!



Frances has recently celebrated her 3 year work anniversary and has some exciting news - she has been accepted onto the Dental Hygiene Therapy Course at Teesside University! This will provide her with experience and knowledge in all types of preventive and non-surgical periodontal treatment and a variety of restorative and preventive treatments provided to adults and children.



Lorna has been studying towards a Level 3 Diploma in Dental Nursing and has recently passed her final exam!

Practice Refurbishment

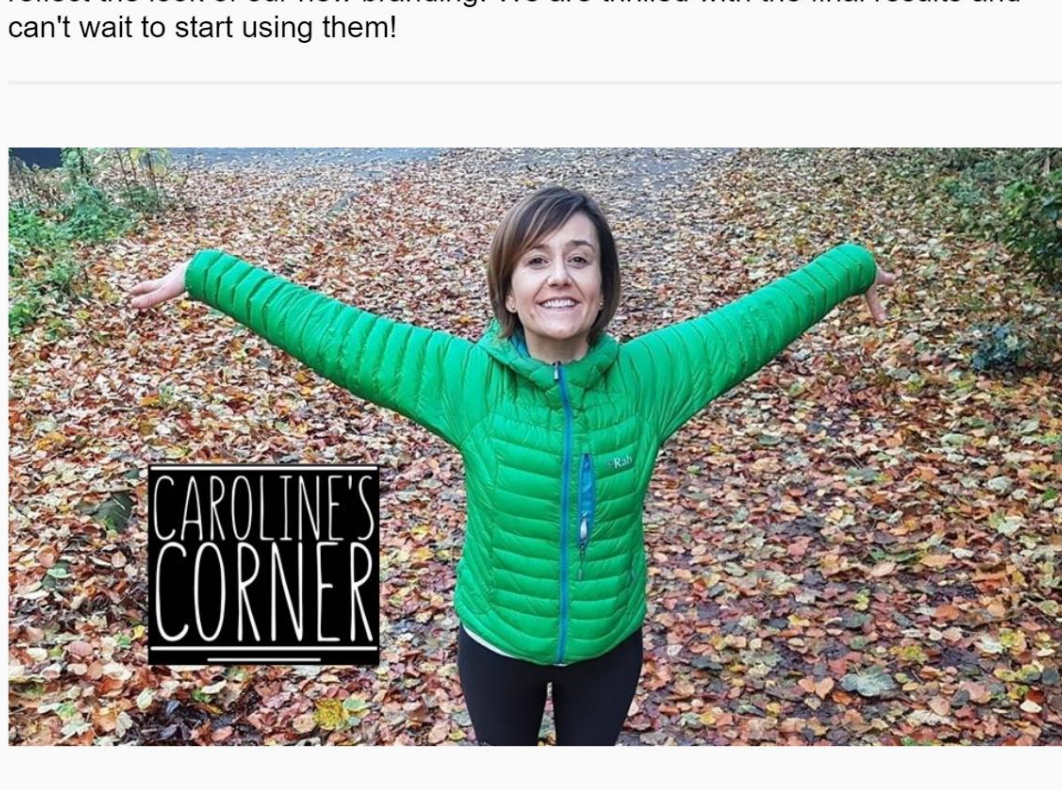


We are currently continuing Phase 2 of the refurbishment. The builders have taken out all the flooring and units from the downstairs surgery. Once the damp proof course has set, some damp proofing will be applied and then new flooring and units installed, along with a coat of Chris' favourite Little Greene paint and new spotlights. Chris was tempted to leave a plastic skull under flooring for the next occupiers to discover!

New Stationery



Lindz from United Design Syndicate has created new look for our stationery, to reflect the look of our new branding. We are thrilled with the final results and can't wait to start using them!



The Wonders of White Food

When we say **WHITE** food, people normally think of bread and pasta which can be quite inflammatory. Natural white food, on the other hand, is incredibly beneficial, especially **ORGANOSULPHIDES** - Think onion, leeks and garlic!

Benefits include:

PROBIOTIC: meaning they feed the beneficial gut bugs in our digestive system.

LOWER CHOLESTEROL: by inhibiting its formation in the liver.

REDUCE PLAQUES IN BLOOD: which allows blood to move more freely.

CANCER PREVENTION: by supporting the liver detoxification.

FUN FACT: Crushing garlic releases a sticky, smelly enzyme called allicin (this is the protective mechanism against invasion against bugs in the soil). If you leave crushed garlic for 10 minutes before cooking, you will preserve the active compounds, which will help protect you against pathogenic bacteria.

Including these foods in your diet every day will support a better liver detoxification – just make sure you brush your teeth before coming for your dental appointment!