Newsletter December 2017:

Welcome to our very first newsletter! It's been an incredibly busy year at the Practice and we hope to keep all our patients updated on a more regular basis in 2018.

Smile of the Month - Leanne's Story

As a busy hairdresser and owner of a salon, Leanne felt that the appearance of her smile was really affecting her confidence. Her overcrowded upper front teeth were chipped and had old white fillings that had become stained over time.

We decided to straighten Leanne's teeth using Invisalign clear braces. This was followed by a course of gentle teeth whitening. We then finally replaced her old front fillings and gently recontoured the edges of her front teeth to give her a beautiful smile and restore her confidence.



"Invisalign has changed my life and made me more confident about my smile."

We Support EmilGO!

We had a very special visitor in November! Emil is 4 years old and has cerebral palsy. He is an amazing little boy, full of life and determination. His family are trying to raise money for a potentially life-changing operation for Emil that is not available on the NHS. It was an absolute pleasure to meet him today - all donations are very much appreciated, please visit https://www.justgiving.com/crowdfunding/emilgo



There are 3 ways that we are trying to help with fundraising for Emil:

- Collection box on Reception for spare change
- Patients can choose to round up the cost of their dental treatment to the nearest pound the Practice will put difference will be put towards funding his operation
- Charity Check-in for every patient who checks in at the Practice on Facebook, we will donate 50p to Emil's fund



Football Fun

We heard that 2 teams of budding footballers - Darlington Quakers Under 7's and Darlington Feethams Under 7's – were short of kits this season, so we stepped in and helped them out! It was great to meet this lively bunch. Don't they look great - and some very smart haircuts! We think Chris looks quite the part too (even though he doesn't know the first thing about football – although he does say he remembers Eric Cantona...!)





Congratulations to our Head Dental Nurse, Natasha! She passed her Dental Radiography exam this year, with flying colours of course. You can see how chuffed to bits she looks in the photo, and rightly so – she has worked very hard this year. This means Natasha can now take all types of dental X-rays for us, increasing efficiency and reducing appointment times and waiting times. Well done!



No more messy impressions!

We like to think of ourselves as a forward-thinking practice and like to invest in cutting-edge technology from time to time. Well, that time came this year with our purchase of a 3D scanner that means no more gagging on messy impressions, improved patient comfort, shorter appointments and better-fitting crowns, bridges and dentures. The scanner (the white thing that Chris is holding!) takes 3D photos of your teeth – the computer software then stitches these together to create a highly accurate 3D model of your teeth. This can be saved for future reference, or emailed to the dental laboratory for fabrication of Invisalign braces, crowns, veneers, bridges, dentures or 3D-printed models of your teeth. We can scan a full mouth in as little as 3 minutes, so this means less time in the chair! It's been very exciting using the scanner over the last couple of months and we feel it is a real game-changer.



Phew! Well that's quite enough for the moment! We wish all our patients all the very best for Christmas and the New Year – see you in 2018!

Chris and the team at Middleton St George Dental Care

...dental health for <u>life</u>